



Journey Prayer

**“I call on you, my God, for you will answer me;
turn your ear to me and hear my prayer.”**

Psalm 17: 6

A prayer for setting out on a time of retreat and reflection. Take time to read or speak the words aloud slowly thinking what they mean for you.

Father God we come to you
To spend time with you
To praise you
To thank you
To grow closer to you



We set aside all that distracts us
We leave our worries in your hands
Give us the strength to leave them there and wait on your solutions

Help us to grow closer to you, to feel, see and hear your presence.

Fill us with your peace
and increase our awareness of you in our daily lives
This we pray in Jesus' name
Amen.