



The Sacred Is Calling, November 2026

The Sacred is Calling... are we picking up? In the silence of our hearts God calls out to us. In the patterns and beauty of nature God calls out to us. In music, and art, and craftsmanship God calls out to us. In the midst of suffering, on dark and lonely roads - God is calling out to us. Sometimes when we least expect it ordinary places, signs, actions, gestures, objects and sounds become something more... something that points us to something bigger, a glimpse of divine justice, mercy and grace. Of a story that tells us that this all matters and that we are loved and that we belong. These experiences are sometimes easier 'felt than told'. How do we find a vocabulary to describe them? This month we are searching for the sacred. And in doing so we discover that the sacred is looking for us! We are restless for God and God is restless for us!

So, where are we encountering the sacred? How are we recognising God's voice? How are we cherishing it? And how are we changed by encountering it? What is a day to day expression of faith *like*? While we find the sacred in expected places: in the words of the Bible and the actions of the sacraments - the sacred also catches us off guard in careless and carefree moments. The Holy Spirit is always moving and transforming everyday life into lines of poetry or colour that speak of God's endless love. For God is continually communicating with us. We sometimes make the mistake of thinking God speaks to us only occasionally, or only cryptically and mysteriously, or only through fantastical, supernatural displays. But through the Holy Spirit God speaks to us constantly through nature, through our imaginations, through creativity, through quiet, through our memories, even in the midst of our suffering and trials. So this month may we open our eyes, hearts, and souls wide as we search for, recognise, cherish and reflect on those moments when we encounter the sacred. The moments that draw us evermore into God's embrace.

This month let's expand our appreciation of prayer as something that goes beyond words. Prayer comes in many shapes and sizes. Simply sitting quietly can be a prayer. Taking time to stand in nature can be a prayer. Lying down with the headphones can be another type a prayer. Taking the time to kneel wordlessly in the midst of our suffering, in the midst of everything else going on, is a prayer. Prayer happens not primarily on the lips, but in the heart.

Week 1	A Voice in the Silence, Prayer		Sequences of the Sacred. The sacred often calls to us not in the noise, but in the stillness. This week focuses on quietness, solitude, and listening for the whisper of the divine. God knows the wordless language of our hearts and it is often through our emotions, our imaginations, our memories, our friendships and slow observation of the world around us that we hear from God. Just as we often need peace of mind to concentrate, it can sometimes be in the 'peace of heart', when we step out of the daily noise and concerns of life that we can focus on prayer - speaking honestly with and listening humbly to God.
Seed to Sow	Where could you create a quiet place in your home, or somewhere local to you, where you can come into the quiet with God this week?		
01/11/2026	The gentle whisper	1 Kings 19:11-13	When the noise of life fades, what is the quiet whisper trying to tell you? Sometimes we deliberately seek out the quiet place to speak to God and sometimes we just end up there because we're fleeing something else. Lead us in a prayer that helps us find 'the presence in the absence', the voice sometimes heard loudest in silence.
02/11/2026	Be still and know	Psalm 46: 10	Sometimes knowledge requires stillness, not frantic action. Lead us in a prayer that prepares us to sit in absolute silence for five minutes today just to "be".
03/11/2026	Withdrawing to pray	Luke 5:16	Jesus regularly slipped away to quiet, 'lonely' places. Where is your quiet place? Lead us in a prayer that guides us to, and in, a quiet place.
04/11/2026	The soul finds rest in silence	Psalm 62: 1-2	What internal noise is keeping your soul from resting completely right now? Peace of mind can be hard to find in a non-stop 24 hour news cycle, and 'peace of heart' can be even rarer. Lead us in a prayer to rest our souls.
05/11/2026	Praying in secret	Matthew 6: 6	Close the door on distractions today. What shifts when it is just you and the sacred? Sometimes the presence of God is felt more clearly in the absence of distraction, the absence of noise. Lead us in a prayer that shuts the door to distraction.
06/11/2026	Waiting quietly	Lamentations 3: 25-26	Waiting is hard. How can silence help you get a new perspective on the timing of your life? Lead us in a prayer to comfort us while we wait in life.
07/11/2026	Silence before the holy	Habakkuk 2:20	For a moment let all your words fall away to quiet; let your presence be your prayer. Lead us in a contemplative prayer of simply being ourselves before God.

Week 2	A Voice in the Wind, Nature		<i>Sites of the Sacred.</i> Creation is a living sanctuary. This week, we listen for the sacred calling through the natural world — the earth, the sky, the waters, and the wild. God does not occasionally use nature to communicate with us - God continually uses it to communicate with us! There is beauty and lessons and challenges and invitations all around us!
Seed to Sow	Where is somewhere you could go this week to observe small wild things with Jesus? (See Matthew 6: 26-29)		
08/11/2026	The heavens declare	Psalms 19: 1-4	Step outside and look up. What story is the sky telling you today? Lead us in a 'sky prayer' that lifts our eyes up.
09/11/2026	Ask the animals and the earth	Job 12: 7-10	What can the steady, unhurried rhythm of nature teach you about your own life? Lead us in a prayer observing and celebrating animals and nature today.
10/11/2026	Trees clapping their hands	Isaiah 55: 12	Where do you see joy, life, and celebration expressing itself in the natural world today? Lead us in a tree prayer today. The trees are clapping, what else are they doing?
11/11/2026	Creatures waiting for food	Psalms 104: 24-27	Nature relies entirely on a grander balance. How can we practice letting go and trusting God more? Lead us in an ecological prayer today.
12/11/2026	Birds and lilies	Matthew 6: 26-29	Notice something small and wild today. How does its existence remind you that you are cared for? Lead us in a prayer of small wild things today.
13/11/2026	The voice over the waters	Psalms 29: 3-5	Water cleanses and moves. Where is the sacred rushing or flowing through your life? Lead us in a water prayer today.
14/11/2026	The breath of life	Genesis 2 :7	Take a deep, intentional breath. Feel the sacred connection between your lungs and the atmosphere. Lead us in a breathing prayer today.

Week 3	A Voice in the Melody, Creativity		Sacred Surprises. God is the ultimate creator, and we are called through art, song, rhythm, and imagination. This week explores the sacred expressed through making and beauty, through artistry, surprise and wonder.
Seed to Sow	What is a song that has shaped how you think about God?		
15/11/2026	Filled with artistic skill	Exodus 35: 30-35	Your skills, crafts, and ideas are gifts. How can you use your hands to create something beautiful today? Lead us in prayer for crafters and makers.
16/11/2026	Sing a new song	Psalms 96: 1-3	You don't have to be a musician to sing. What is the unique "song" or vibe your life is putting out right now? Lead us in a prayer celebrating the power of song.
17/11/2026	We are a masterpiece	Ephesians 2: 10	You are a canvas, not just a spectator! How does it feel to view yourself as a work of living art? Lead us in a prayer celebrating our innate dignity and self-worth as the handiwork of God.
18/11/2026	Singing with gratitude	Colossians 3:16	Listen to a piece of music that moves you today. Where do you feel that melody inside your body? Lead us in a prayer giving gratitude for the music that moves us.
19/11/2026	Music brings refreshment	1 Samuel 16: 23	When Saul was anxious, David's harp brought peace. What kind of creativity restores your mental health? Lead us in a prayer for musicians and artists who come alongside us in our pain and suffering.
20/11/2026	Wonderfully made	Psalms 139: 13-14	Creativity began in the dark of the womb. What quiet, hidden ideas are waiting to be born in you? Lead us in a prayer of expectancy, open to what God is working in our lives.
21/11/2026	Beauty in its time	Ecclesiastes 3:11	Beauty isn't always perfect; sometimes it's just raw and real. Where did you spot unexpected beauty today? Lead us in prayer celebrating raw and unexpected beauty.

Week 4	A Voice in the Trial, Suffering		Sacred Seasons. Even in pain, grief, and confusion, the sacred speaks. Sometimes louder than normal. This final week looks at how the deepest calls often come from the heart of our struggles - from one who loves us and never abandons us.
Seed to Sow	Who could you come alongside and support this week? Gently and perhaps even nonverbally, someone you could support with practical gestures of love and care.		
22/11/2026	The valley of the shadow	Psalms 23: 4	When things feel dark, look closely — where is the comforting presence standing right next to you? Lead us in prayer that those who feel alone might feel accompanied by God's presence.
23/11/2026	Walking through the fire	Isaiah 43: 1-3	You are not being spared from the fire but protected through it. What is keeping you anchored today? Lead us in a prayer for endurance and sustenance for those living through a dark time.
24/11/2026	Strength in weakness	2 Corinthians 12: 9-10	It is okay to be tired and fragile. How can admitting your weakness actually open the door to deeper support? Lead us in a prayer of honesty and humility and hope for those who are burdened and overwhelmed.
25/11/2026	Close to the broken hearted	Psalms 34: 18	If your heart feels heavy or broken, remember that the sacred meets us in the pieces, not just the whole. Lead us in a prayer for the broken, for those longing to feel whole.
26/11/2026	Nothing can separate us	Romans 8: 38-39	No failure, pain, or dark night can cut you off from love. What does it look like to lean into that security? Lead us in a prayer of gratitude for this great love.
27/11/2026	Testing produces perseverance	James 1: 2-4	Trials strip away what doesn't matter. What core, unbreakable truth are you discovering about yourself right now? Lead us in a prayer for those going through times of testing, and growing and refining.
28/11/2026	Wiping away every tear	Revelation 21: 3-4	Pain is part of the story, but it is not the end of the story. What gives you hope for restoration tomorrow? Lead us in a prayer for all of us who go through times of despair and loss, that we might know hope.